

THE
CHEERFUL
KITCHEN

Value food and cheer and song



Shopping List for 20min Thai Basil Beef with Coconut Lemongrass Rice

- 1 cup uncooked jasmine rice
- Coconut milk
- Toasted sesame oil
- Fresh Lemongrass
- 2 large carrots
- 4 baby bell peppers or 1 large red bell pepper
- 1 hot red pepper (If using)
- Green onions (scallions)
- Fish sauce
- 1 lime
- Garlic
- Fresh Ginger
- 1 pound lean ground beef (may use ground chicken or pork too)
- Sweet thai chili sauce
- 2 cups fresh basil leaves, plus extra for serving
- Toasted sesame seeds + chopped roasted peanuts, for serving (If using)

Pantry Items You Probably Already Have but May Need to Get

- Salt & Pepper
- Honey
- Soy Sauce