



Shopping List for Steamed Cod with Black Beans & Chilli

- 2 cod fillets
- Small piece of ginger
- Garlic (8 cloves)
- 1 can black beans
- 2 chillis like red jalapeno or fresno (if using)
- 1 green onion

Pantry Items You Probably Already Have but May Need to Get

- Salt & Pepper
- Oyster Sauce (You used it yesterday!)
- Soy Sauce (You used it yesterday!)
- Sugar
- Vegetable or Olive oil

Suggested Side Dish

- Brown or Wild rice